# The Little Girl's FOOD BANK

One Meal = Health

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*We at The Little Girl's Food Bank safeguards 'Right to Food' of every underprivileged child as we believe 'Right to Food' is every child's right and every child deserves to get sufficient dietary needs. Since 'WE ARE WHAT WE EAT', so we at The Little Girl's Food Bank aim to make every underprivileged child free from hunger and malnutrition.*

*This magnificent initiative is a postulation of The Little Girl's Foundation to bring the next generation changes in society by providing good nutritional food for underprivileged kids. As an old saying goes* ***"To keep the body in good health is a duty, otherwise we shall not be able to keep our mind strong and clear"****, so our mission is to raise healthy and strong children to enhance the development of the country.*

The Little Girl's

FOUNDATION

STEP TOWARDS A BETTER TOMORROW

## ABOUT THE LITTLE GIRL'S FOUNDATION

*The Little Girl's Foundation is all about what makes an underprivileged kid grow at a heady pace, expand its strength, build a valuable brand and stand tall in the competition globally. We understand the purpose and acquisition of the values, knowledge and skills of the underprivileged kids of the society. We are engaged in the acquisition, integration, evaluation and utilization of these critical and basic components to inform their practice and development and to prepare them to work to alleviate poverty, oppression, and discrimination, and promote social and economic justice for underprivileged Kids across the globe through its six different projects (Banks) that are:*

1. ***The Little Girl's Book Bank***
2. ***The Little Girl's Food Bank***
3. ***The Little Girl's Job Bank***
4. ***The Little Girl's Plant Bank***
5. ***The Little Girl's Toy Bank***
6. ***The Little Girl's Wardrobe Bank***

***We at The Little Girl's Foundation believe that the happiest people in the world are those who devote themselves in the service of others.***

**Our Vision** *is to make sure that sufficient food is available so that every underprivileged child have the means to access it, and that it adequately meets their individual dietary needs. We believe to enable every unprivileged an opportunity to have a good meal and aim to free children from hunger, food insecurity and malnutrition.*

**Our Mission** *iis to enable every underprivileged child an opportunity to have development through good food and make sure that nobody sleeps hungry.*

# THE LITTLE GIRL FOOD BANK – THE CPD DRIVES

# Collection Drive

*You can donate Food Items but they should meet the conditions and guidelines of The Little Girl's Food Bank, and if they don't, then the said food items would not be accepted.*

# Food Donation Guidelines

*You can donate food that has not been served including any raw, cooked, processed, or prepared food, beverage, or ingredient used or intended for use, in whole or in part for human consumption, with the condition that the items be wholesome. This includes packaged & prepared food.*

## FOOD THAT CAN BE DONATED

- **Hot Food** *that was not served and kept at temperature and/or cooled properly (main course, soups, etc.)*
- **Cold Food** *that was not served and kept at temperature (sandwiches, desserts, salads, etc.)*
- **Produce** *(strawberries, lettuce, onions, tomatoes, herbs, etc.)*
- **Beverages** *(juice, bottled water, lemonade, tea, etc.)*
- **Packaged Items** *(dry pasta, canned vegetables, pudding, etc.)*
- **Dairy Products** *(sour cream, milk, yogurt, cheese, etc.)*

## FOOD THAT CANNOT BE DONATED

- *Distressed foods (that have been in a flood, fire, smoke, etc.)*
- *Food in sharply dented or rusty cans.*
- *Food in opened or torn containers exposing the food to potential contamination.*

# Packaging Drive

*We don't want to compromise on food safety. We understand that the safety seals are made from plastic however we take consolation in the fact that each package is made from single material polymer with 50 microns thickness, and are completely reusable/recyclable. In the not - so - distant future, we will move towards a biodegradable option.*

# Distribution Drive

*The Little Girl's Food Bank primarily focuses on the Food Distribution Drive. Food Bank works with a network of non - profit partners to distribute this food to communities that require the said food across the globe. The Network comprises of these non - profit partners who provide free food to community members via free food distributions, free community meals, and m u c h more.*

# How you can **CONTRIBUTE**

## Food Donations

*Whether it is freshly cooked food or raw grains, we're **all hands on deck** to take care of the food requirements for your beneficiaries.*

*Your support would mean, **more people fed, more dreams fulfilled** and a better future, together.*

## Volunteer

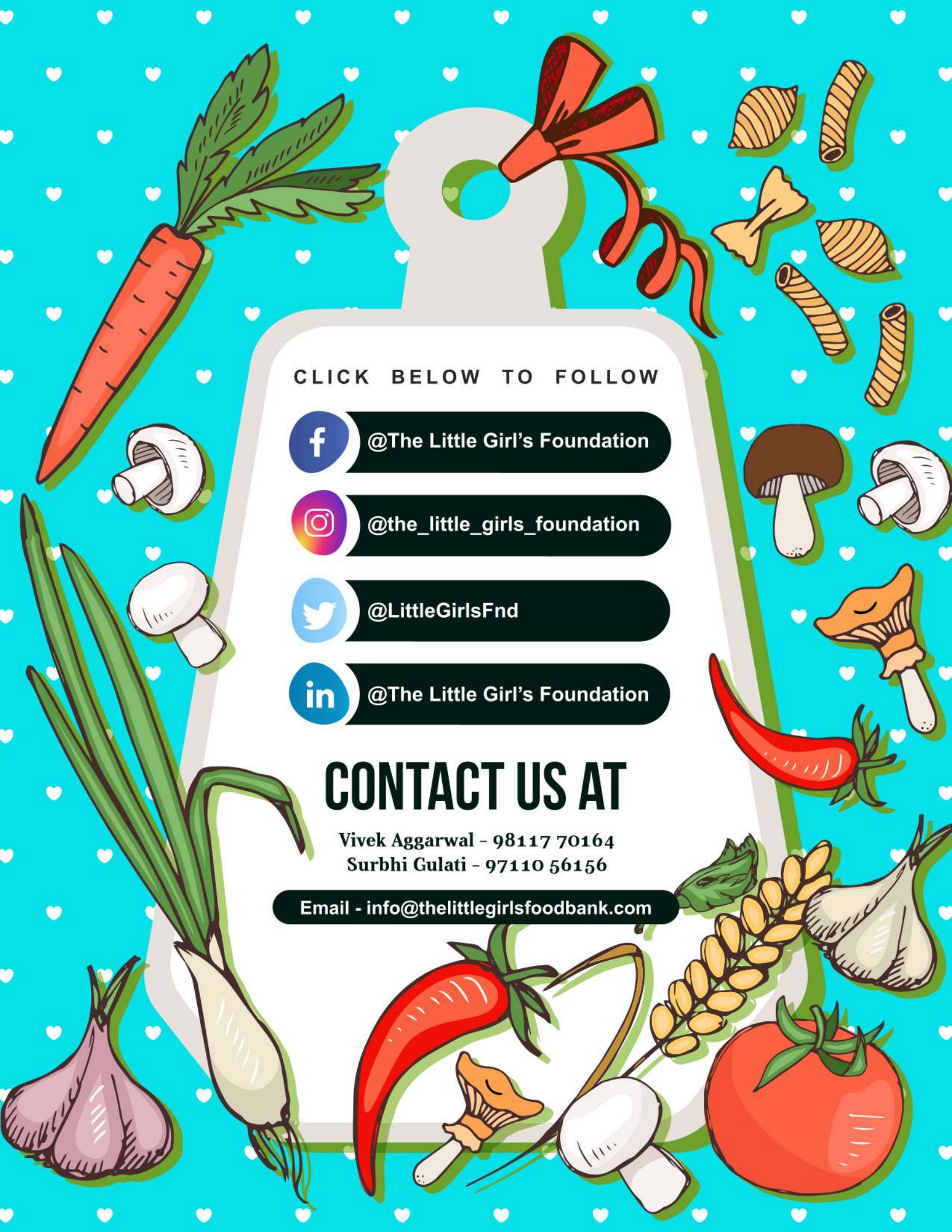
*Our team of volunteers consists of individuals who continually devote both their time and skills on a regular basis in an effort to make a positive impact on hunger and the food needs of the community.*

*Volunteering has no age limits, your commitment and energy is enough. It is a great way to make new friends, and contribute to your community.*

*Our volunteers provide essential services in many ways:*

- *Assemble daily hampers*
- *Sort food donations*
- *Breakdown and portion bulk items*
- *Pack eggs into cartons*
- *Provide helpful input to other volunteers and staff*

*We invite applications for volunteer programs on a rolling basis who get to work closely with the core team and Certificates are issued to interested volunteers on satisfactory completion of their tenure.*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CONTACT US AT
Vivek Aggarwal - 98117 70164
Surbhi Gulati - 97110 56156
Email - info@thelittlegirlsfoodbank.com