

JULY 2021 MEDICAL NEWSLETTER OF THE LITTLE GIRL'S FOUNDATION





Mrs. Neha Aggarwal

To think it all started with just an idea and plan on Paper:

I started "The Little Girl's Foundation" five months back on an idea pitched by my 9-year-old daughter Shanaya and it was just an idea with a plan on paper. Now five months later, the audaciousness of taking charge of the plight of underprivileged kids and the desire to say, "Whatever I can do, I will do" is what continues to define "The Little Girl's Foundation". Imagine what the future could hold if each one of us come together to support every underprivileged child's right to a happy childhood because even the smallest acts of kindness and generosity make a big difference!



Mr. vivek Aggarwal

Our approach is modeled around bringing change at all levels with your support, We at "The Little Girl's Foundation" address underprivileged children's critical needs. We focus on changing behaviors and practices at the grassroot levels thereby creating an ecosystem where underprivileged children are made the priority. We are committed to strengthening underprivileged kids and our dedicated team is instrumental in helping us fulfill that commitment across the globe. I dream to ensure happier childhood for all underprivileged children because children are the future of every nation.

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SHANAYA IS 10 YEARS OLD AND HER LITTLE SISTER, **SIYARAH** IS 2 AND A HALF YEARS OLD.

Our li'l girl Siyarah was frolicking with her favorite toy when the car stopped at the red light, there were few underprivileged kids nearby at the red light. They came towards the car near the window where Siyarah was sitting and started peeking inside the car. Somehow, Siyarah managed to open the window of the car and playfully gave her toy which she was playing to one of the Kid. The kid got so happy that he started bopping and dancing on the street. Siyarah's sister, Shanaya was so stirred by the incident that she asked and demanded her parents to give their all toys to these kids and that is how their Parents Mrs. Neha Aggrawal and Mr. Vivek Aggrawal thought of an initiative with the intention to provide a playful childhood to those kids for whom it's a distanced dream. Further, while working on Toy Bank and conducting R&D for establishment of Toy Bank Mrs. Neha Aggrawal was moved by Food, Education, Cloths, employment suffering of the underprivileged kids. While further researching she was stunned to × know the pitiful situation of Underprivileged kids. Also, the response she received from the Toy Bank was amazing and thereafter, she decided to open six different projects (Banks) that are The Little Girl's Book Bank, The Little Girl's Food Bank, The Little Girl's Job Bank, The Little Girl's Plant Bank, The Little Girl's Toy Bank and The Little Ŷ Girl's Wardrobe Bank to promote social and economic justice for underprivileged kids across the globe.

BANKS OF "THE LITTLE GIRL'S FOUNDATION"



Winner of **Designing Stars** also Announced



Saksham Singhal



After the successful virtual national Ludo Tournament on the 19th of the June, The Little Girl's Foundation under the flagship of 'The Little Girl's Toy Bank' is coming up with another fun event in August called **'Complete the Word'**. More details to come later!

THE LITTLE GIRL'S BOOK BANK

The Little Girl's Foundation under the flagship of its 'The Little Girl's Book Bank' hosted a successful event called **'Designing Stars'** on 30th of July. The response input was great with the team having a look at some amazing book covers. Congratulations to the winner!

THE LITTLE GIRL'S TOY BANK





THE LITTLE GIRL'S PLANT BANK

The exciting time is approaching as The Little Girl's Foundation under its flagship of 'The Little Girl's Plant Bank' is hosting its first *Plantation drive* on 8th August 2021. More details in the invitation above.

THE LITTLE GIRL'S WARDROBE BANK

Hold tight for the upcoming event of The Little Girl's Foundation under the flagship of 'The Little Girl's Wardrobe Bank' which is hosting the event **'ANOKHI'** in August. More details to come later so be ready to see some colourful clothes!



In Conversation with the Sisters





- Shreya Saraf Interview

How long has it been since you joined the foundation?
A month

2. What would you like to comment of the progress of the foundation since you first started working, up until the present day?

- I can't express how proud the hard work behind the quick progress has made me. Comparing to last month, the logo and foundation name were yet to be finalised, a new bank was just added and the foundation was still on a quest to find volunteers. Now, after working labouriously for a month, the foundation's beginning stance escalated quickly, leading to good progress.

3. What has your experience been like?

- I'm filled with contentment, as I ponder upon my experience, which has been nothing short of impeccable. Until now, my experience has been one where I have felt appreciated, had less pressure, and it was a relaxing yet beautiful one. Further expanding on this, my experience has brought about the satisfaction that comes from being a part of a good cause. Further, it's been a delight to work with Vivek sir.

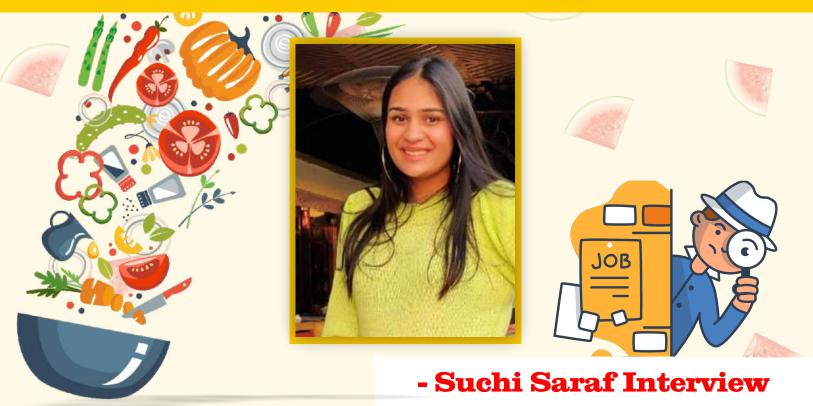
4. What new things did you learn about yourself as a person?

- Distinguishing between the person I was before this foundation and now, earlier, I would limit myself and stay within the boundaries of my mind, but having to work here changed me and made me realize how much fun it is to go above and beyond to take up responsibilities. This also made me realize that I love socializing with people, and making others happy brings about a smile on my face.

5. What is an advice you would like to give to a newcomer?

- After having experienced this one-month-old journey, I will advise newcomers to be dedicated and be ready to take up responsibilities. Furthermore, this foundation is also an amazing space to be, it ceases to make you feel appreciated and leaves you happier than before.

In Conversation with the Sisters



- 1. How long has it been since you joined the foundation?
- It's been about a month.

2. What would you like to comment of the progress of the foundation since you first started working, up until the present day?

- While distinguishing between the progress of the foundation, when I initially started working here, and up until the present day, the conditions earlier were much different. Having pride instilled in me and the way the foundation progressed in only one month was tremendous. Earlier, the foundation was a work in progress, with very few volunteers and a lot of work was needed to be covered up. I can also confidently say from experience that this rapid progress only goes on to show how high the foundation will rise in times to come.

3. What has your experience been like?

- I had unsure regarding the foundation previously which ironically turned into a newfound confidence. My motivation arises from the conversation Vivek sir organised between me and some news anchors. I then realised after holding a conversation with some incredibly successful people that I must push myself forward. And, today, I look forward to the foundation work and think of it as my calling.

4. What new things did you learn about yourself as a person?

- I had a lot of realisations about changes along the way of this journey. I stumbled upon my quality of good organisation and responsibility of handling tasks well. This organisation made me discover that I myself, hadn't explored enough fields and it is something that I look forward to.

5. What is an advice you would like to give to a newcomer?

- For my first-hand experience, I would advise the newcomers not to think of the foundation as work specific deadline-based work. And of course, as long as you're loving what you're doing, it'll all end up well.

MESSAGE FROM THE TOY BANK 5555555 0 6 6 6 6 6 6 6 6 6 The best and most beautiful thing in the world is when you feel the rush to help ★ A smile is a happiness someone, to make that person smile you'll find right irrespective of everything. I guess when you feel it in the heart that's where you are under your nose 🛟. spreading sunshine amidst the darkness. -Sehaj -Nandini Satija 10000000000000000000000 We take some decisions in life which make us proud of our own self. Working with The Little I cannot possibly think of any better Girl's Foundation was one of mine. The best feeling than the one you get when you thing I get to learn and understand here every make someone smile. day is that their still prevails humanity and people still work hard for nothing but to bring -Medha smiles on other's faces. -Rafia Above all else, be kind in a world that is so often dark, be light others can look to when the sky is no longer blue. -Muskan **LEARNING** TO THINK AHEAD

MESSAGE FROM THE TOY BANK

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	Be the reason for someone to believe in
	and people
\bigcirc	good people.
0	Cngila
	Be the reason for someone to believe in good people. -Engila

Doing things for others whether small or big makes us satisfied. It's not always about money, just do good to feel good.

-Anshika

When one door is shut, the other one opens". The
little girls foundation is opening doors for
every child to bring various opportunities and
celebrations for them. It's quite inspiring to be
working with them.



I believe that FAIL stands for First Attempt In Learning and that we shouldn't be scared of failure!

-Nainika



THE LITTLE GIRL'S FOUNDATION



Celebrating our lovely volunteers Priyanshi and Vanshika's birthdays.

May all the joy you have spread around come back to you a hundredfold.

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A Healing Platform For Students Wellness

INTERNATIONAL TIE-UP

Every single individual has a responsibility to make this world a better place.

We should drive the change with empathy, compassion and care for mankind.

Become a part of the SUNOH movement.

WHO WE ARE

Sunoh is an international charity in partnership with PCHS, a registered not for profit organization headquartered in the Greater Toronto Area, Ontario, Canada. It is focused on imparting sustainable solutions addressing the mental health, sex trafficking and other issues concerning International & Local Students.

WHY WAS SUNOH FORMED?

To provide a one-stop healing destination, aiming to prevent suicides, sex-trafficking, substance use, depression, etc. – being a guiding beacon in a student's journey towards success.

A platform for growth and progress.

WHAT WE DO?

We are a healing platform enhancing the wellbeing of International students. Addressing their various issues from Mental Health, Sex Trafficing & Abuses, Financial and Domestic absues, Marriage and Family troubles and alot more.

PEOPLE BEHIND THE SUNOH INITIATIVE







ic Kamal Bhardwaj

Irwin Rego

www.thelittlegirlsfoundation.com



"A Glimpse into the Editorial Committee"



Swagita Pandey

It has been a constant and collective efforts of 'The Little Girl's Foundation' to uplift the life of very underprivileged kids across the globe. We bring to you this Newsletter to keep you up to the minute with the events happening and organized by 'The Little Girl's Foundation' from **Distribution Drivers** to Collaboration and everything in between.



Rafia Chaman

You might not be able to change the whole world but you c a n c h a n g e someone's whole world.,,



Medha Nagpal

I cannot possibly

think of any better

feeling than the one

you get when you

make someone

smile.



Niyati

When one door is shut, the other one opens". The little girl's foundation is opening doors for every child to bring v a r i o u s opportunities and celebrations for them. It's quite inspiring to be working with them.,

Pritish I'm firm believer in "It's not how much we give, but how much love we put into giving." by Mother Teresa. And I feel lucky to join this foundation because everyone lives their life for themselves, their family, friends and relatives but life is complete if we live

for others too.

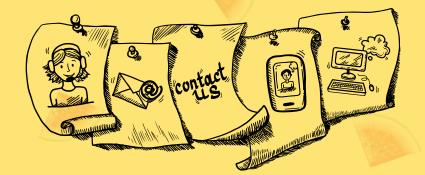


Nehal Bhardwaj

When I started working here a week and a half ago, it took just this long to make me feel appreciated. This foundation and the people i'm working with are gems in true senses. Looking forward to contribute to the growth of the foundation in times to come. Here's to soaring higher!



www.thelittlegirlsfoundation.com



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THE LITTLE GIRL'S FOUNDATION